

UNSAFE DRIVING BEHAVIORS

Encourage our youth to make safe choices!

AMONG OKLAHOMA PUBLIC HIGH SCHOOL STUDENTS IN 2017:

7% Rarely or never wore a seat belt¹

14% Rode with a driver who had been drinking alcohol²

5% Drove when drinking alcohol²

43% Texted or emailed while driving²

- 12th graders (61%) were more likely than 10th (33%) and 9th graders (11%) to have texted or emailed while driving



FOR MORE INFORMATION CONTACT:

Maternal and Child Health
Assessment Division
405.271.6761
yrbs.health.ok.gov

Injury Prevention Service
405.271.3430
ips.health.ok.gov



OKLAHOMA
State Department
of Health

WHAT CAN YOU DO TO HELP? ³



FOR PEDIATRICIANS

- Educate parents and teens about the dangers of teen driving and steps they can take to reduce the risks.
- Remind parents that they need to lead by example. If parents talk on the phone, text, speed, or drive without their seat belt, so might their teen.



FOR PARENTS

- Discuss your rules of the road with your teen, why they are important to follow, and consequences for breaking them.
- Create a Parent-Teen Driving Agreement that puts these rules in writing to set clear expectations and limits.



1. When riding in a car driven by someone else
2. During the 30 days before the survey
3. Centers for Disease Control and Prevention, National Center for Injury Prevention and Control. Parents are the Key to Safe Teen Drivers. Available for download at <https://www.cdc.gov/parentsarethekey/index.html>